

The Influence of Full Day School Management in Islamic Educational Institutions on Student' Academic Achievement

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Abstract: *The purpose of the research is to find Islamic education through a full day school policy in Dampasan Integrated High School. Full day school system is an education policy established by the Minister of Education and Culture, Muhadjir Effendy, through Government Regulation No. 23 or 2017. However, the system has not been implemented in all schools; Senior High School Terpadu Dampasan has implemented the full day school system first. The methodology used in this research is a qualitative approach, data collected through observation and interviews with several sources. The results of this study show that: (1) Effective management, through integrated curriculum development and flexible scheduling, can increase student participation and motivation to learn. (2) A well-managed full day school system not only supports academic achievement but also develops students' discipline and sense of responsibility. (3) The implementation of this system can improve academic achievement through longer learning time and support from parents, as well as a holistic approach that involves cooperation between students, teachers and parents as the key to educational success.*
Keywords: *Management System, Full Day School, Academic Achievement*

Abstrak: Tujuan penelitian adalah untuk menemukan Pendidikan islam melalui kebijakan full day school di Sekolah Menengah Atas Terpadu Dampasan. Sistem Full day school merupakan kebijakan pendidikan yang ditetapkan oleh Menteri Pendidikan dan Kebudayaan yaitu Muhadjir Effendy, melalui Peraturan Pemerintah Nomor 23 Tahun 2017. Akan tetapi, sistem tersebut belum diterapkan di semua sekolah; Sekolah Menengah Atas Terpadu Dampasan justru telah mengimplementasikan sistem full day school lebih dahulu. Metodologi yang digunakan dalam penelitian ini adalah pendekatan kualitatif, data dikumpulkan melalui observasi dan wawancara dengan beberapa narasumber. Hasil penelitian ini menunjukkan bahwa: (1) Manajemen yang efektif, melalui pengembangan kurikulum yang terintegrasi dan penjadwalan yang fleksibel, dapat meningkatkan partisipasi serta motivasi belajar siswa. (2) Sistem full day school yang dikelola dengan baik tidak hanya mendukung pencapaian akademik, tetapi juga mengembangkan sikap disiplin dan rasa tanggung

jawab siswa. (3) Implementasi sistem ini dapat meningkatkan prestasi akademik melalui waktu belajar yang lebih lama dan dukungan dari orang tua, serta pendekatan holistik yang melibatkan kerjasama antara siswa, guru, dan orang tua sebagai kunci keberhasilan pendidikan.

Kata Kunci: Manajemen Sistem, Full Day School, Prestasi Akademik

Introduction

The influence of Full Day School system management on the quality of education in Indonesia is considerable, as this strategy not only maximizes students' learning time. It creates an atmosphere that supports their holistic development. Every individual needs education in their life, it is an organized step to help them optimize their potential through learning. Realizing quality education starts with effective implementation in schools. The quality and quantity of education are interrelated, with the quality of learning as the main target. The quality of learning reflects the school's success in achieving its goals. It is a combination of student learning processes and outcomes with teacher support. Learning is considered quality if all components show the best performance, optimal performance from all parties is very important in achieving quality education.¹ The full day school learning system is increasingly popular in modern education, this approach requires students to be at school from morning to evening to learn and socialize. This allows for student engagement in a variety of learning activities, giving educators the freedom to explore creativity in line with the curriculum. In this process, synergy between students and teachers is essential to ensure optimal education quality.² The full day school system is gaining popularity, where students learn and socialize all day at school. This approach supports the exploration of creativity and cooperation between students and teachers to achieve quality education.

Full Day School is an education system that offers longer learning time, combining curriculum with character and spiritual values to create a holistic learning experience. Such as research conducted by Diana and friends on Full Day School Management in Improving the Religious Character of

¹Nur Afifah and Ely Mufidah, "Penerapan Sistem Full Day School sebagai Upaya Peningkatan Mutu Pembelajaran," *Indonesian Journal of Islamic Elementary Education* 2, no. 2 (November 12, 2022): 36-47, <https://doi.org/10.28918/ijee.v2i2.6266>.

²Tiara Rosalina, "Pengaruh Manajemen Pembelajaran Full Day School terhadap Motivasi Belajar," n.d.

Students.³; then research by Miftahul on the Implementation of the Full Day School Program in Improving Student Academic Achievement.⁴; and also research from Andriani and friends on analyzing the implementation of Full Day School as an effort to build student character.⁵ After examining previous articles, it is known that many have reviewed full day schools with an emphasis on student character development. However, this study will focus more on students' academic achievement, which is an aspect that is still less explored.

Referring to the previous research, this analysis aims to answer the following questions: What are the issues? Today, students face many challenges in the learning process, such as lack of concentration, negative impacts from the social environment, and dependence on technology. This situation can lead to a decline in academic performance, making it difficult for students to understand the material and manage their study time effectively. With the full day school system in place, it will overcome the problems faced. Why is the Full Day School System Implemented? The Full Day School system was implemented to provide longer and more organized learning time. The aim is to create a supportive environment where students can be more active in the learning process, reduce negative influences from external factors, and strengthen their social and emotional skills. What are the Implications for Student Academic Achievement? a. Increased Concentration: Longer study time allows students to understand the material more deeply. b. More Active Engagement: Collaborative learning can improve student understanding. c. Additional Support: Students who are having difficulty get more guidance from the teacher. d. Good Study Habits: Building a more effective study routine.

The Full Day School system is designed to improve student academic achievement by providing longer learning time. However, the implementation of this system also poses challenges related to time management and learning load. Therefore, efficient management is needed to

³Eka Diana and Ainayatul Kholila, "Manajemen Full Day School Dalam Peningkatan Karakter Relegius Peserta Didik," *Jurnal Educatio FKIP UNMA* 9, no. 2 (June 17, 2023): 891-99, <https://doi.org/10.31949/educatio.v9i2.4821>.

⁴Miftahul Fiqri, "Penerapan Program Full Day School Dalam Meningkatkan Prestasi Akademik Siswa," n.d.

⁵Riris Andriani and Sholeh Hidayat, "Analisis Implementasi Full Day School Sebagai Upaya Pembentukan Karakter Siswa," *JUTENSIA (Indonesian Journal of Educational Technology)* 1, no. 1 (November 2, 2022): 1-9, <https://doi.org/10.56721/jts.v1i1.125>.

maximize the quality of learning, understand student needs and reduce the risk of decreased achievement that can be caused by stress or fatigue.

The management of the full day school system has an influential impact on student academic achievement, by optimizing learning time and social interaction. With an integrative approach, the curriculum is designed thoroughly, combining various subjects and extracurricular activities. So that students can not only understand the material, but also develop social and emotional skills. In addition, a collaborative approach involving cooperation between teachers, parents and the community creates a supportive learning environment. In the end, it can increase students' motivation to achieve better academic performance.

The scope of full day school system management in relation to student academic achievement can be described through three main terms: System management, Full day school, and Student academic achievement. The following is an explanation of the literature review of each of these terms in the context of full day school system management and its impact on student academic achievement:

System Management

Management is a way to organize and manage an organization in carrying out tasks using various resources, including human resources. If the management of an organization is well managed this can increase productivity, which in turn will support the achievement of organizational goals and have a positive impact on the surrounding environment.⁶ Meanwhile, according to experts, management in general can be interpreted as a typical process including planning, organizing, mobilizing, and supervising actions. To achieve predetermined goals, by utilizing human resources and other resources.⁷ Meanwhile, the word "system" comes from the Greek language which means a set of parts that are connected to each other and form a whole. Systems consist of structures (forming elements) and processes (how elements work to achieve goals). Each system is part of a larger system and consists of smaller subsystems. Systems are created to handle things that are repetitive or routine.⁸

Thus it can be concluded that Management is the process of organizing and managing resources including manpower, in order to increase

⁶Eldas Puspita Rini M.Kom and Dhanar Intan Surya Saputra M.Kom, *Sistem Informasi Manajemen Di Era Revolusi Industri 4.0* (Zahira Media Publisher, 2021).

⁷Lukman Ahmad and Munawir, *Sistem Informasi Manajemen : Buku Referensi: Sistem Informasi Manajemen* (KITA Publisher, 2018).

⁸*Sistem Informasi Manajemen* (Grasindo, n.d.).

productivity and achieve organizational goals together. On the other hand, a system is a set of elements that are connected and collaborate with each other to achieve certain goals within a larger unit. Both aim to ensure efficiency and effectiveness in carrying out tasks.

Full Day School

Full day school is an education policy established by the Minister of Education and Culture, Muhadjir Effendy, through Government Regulation Number 23 of 2017. This program is implemented throughout the day from 07.00 to 16.00, with a total of 40 hours of learning each week. This system has been implemented in several developed countries, such as America, Singapore, and South Korea. The purpose of full day school is to shape the character of students in accordance with the values contained in the 1945 Constitution, including integrity, independence, nationalism, mutual cooperation, and religion. With this approach, students spend more time at school participating in various intracurricular, co-curricular and extracurricular activities. This reduces the likelihood of them engaging in less useful activities outside of school. Supervision from teachers is expected to create a safer environment for students.

The full day school program provides many academic benefits for students. The longer duration of learning is one of the important aspects of a child's experience. By implementing this system, students benefit both academically and socially. Full day school allows children to focus more on learning than playing, as they have more time to engage in class. This results in an increase in their productivity and a closer relationship with the teacher. In addition, students tend to exhibit more positive attitudes as there is no free time to engage in deviant behavior, given that they are in class and under teacher supervision all day.⁹

Student Academic Achievement

Education has an important function in the progress of the nation. One of the inseparable aspects of education is student achievement, which is important for all parties. Involvement both directly and indirectly, for example for educational institutions. Student achievement is one of the

⁹Anggit Grahito Wicaksono, "Fenomena Full Day School Dalam Sistem Pendidikan Indonesia," *Jurnal Komunikasi Pendidikan* 1, no. 1 (2017): 10–18, <https://doi.org/10.32585/jkp.v1i1.12>.

indicators to measure success in organizing education.¹⁰ Education has a very important function for the progress of the nation, and student achievement is one indicator of success in the implementation of education. School success in achieving achievements in various fields and regional levels is a shared responsibility, but the most important thing is how the principal as a leader can manage in an effective and efficient way.¹¹

Achievement is the result that a person achieves when carrying out certain tasks or activities. Academic achievement refers to the learning outcomes obtained at school or college, which are assessed through cognitive measurements. On the other hand, learning achievement shows mastery of knowledge or skills related to subjects, usually expressed in the form of test scores or numbers given by teachers.¹² Academic achievement is a significant measure that indicates how successful a student is in the learning process at school or college. It includes achievements obtained through exams, assignments and projects that reflect understanding and mastery of subject matter.

Method

The researcher chose the theme "The Effect of Full Day School System Management on Student Academic Achievement" because more and more schools are implementing this system with the aim of improving the quality of education. Given the various challenges that arise in the implementation of full day school, researchers feel it is important to investigate the impact on student academic achievement. This research focuses on analyzing how the management of the full day school system can play a role in improving learning outcomes as well as student character development in the current educational context.

This research uses a descriptive qualitative approach with a literature study method. The data collected is secondary, taken from various works and

¹⁰Amelia Nur Fitriana, Harliana Harliana, and Handaru Handaru, "Sistem Pendukung Keputusan Untuk Menentukan Prestasi Akademik Siswa dengan Metode Topsis," *Creative Information Technology Journal* 2, no. 2 (April 4, 2015): 153, <https://doi.org/10.24076/citec.2015v2i2.45>.

¹¹Rezki Nurma Fitria, Alwasih Alwasih, and Muhammad Nur Hakim, "Strategi Kepala Madrasah Dalam Meningkatkan Prestasi Akademik Siswa," *Academicus: Journal of Teaching and Learning* 1, no. 1 (September 26, 2022): 11–19, <https://doi.org/10.59373/academicus.v1i1.3>.

¹²Awaliatul Fajri, Imas Kania Rahman, and Santi Lisnawati, "Seterategi Kepemimpinan Kepala Sekolah dan Kinerja Guru terhadap Prestasi Belajar Siswa," *Tawazun: Jurnal Pendidikan Islam* 12, no. 1 (June 29, 2019): 78–93, <https://doi.org/10.32832/tawazun.v12i1.1844>.

previous research, including documents, articles, books, and other sources related to the topic under study. Researchers will conduct analysis and comparison in order to obtain a deeper theoretical understanding of the influence of full day school system management on student academic achievement.

The data sources in this study were collected using observation and interview methods, which allowed researchers to access information from various materials relevant to the topic under study, including literature review. By making observations, researchers can directly observe conditions or behaviors in the field, which helps in understanding the context and dynamics that may not be revealed in written data. In addition, interviews with individuals who have related knowledge or experience provide an opportunity to gather personal perspectives and experiences, thus deepening understanding of the phenomenon under study.

The research technique used through interviews is a way of collecting data, which is carried out by direct interaction with informants to obtain in-depth information about the topic being studied. In this study, researchers chose informants who had relevant knowledge or experience, so that the interviews conducted could produce comprehensive and useful data for further analysis.

Data analysis in this study was carried out after collecting data through observation, interview and documentation methods, the next step was to analyze the data. Researchers as writers use qualitative descriptive data analysis techniques, which include several stages such as data presentation, data analysis, and conclusion drawing.

Results and Discussion

Results

Table 1: The effects of the full day school system

NO	SOURCE	DATA	CODING
1	The Concept of Full Day School in the Perspective of Sociology of Education. ¹³	The Full Day School system needs to be carefully designed so that the curriculum is aligned with the 2013 curriculum, so there is no need to create a new curriculum.	Developing the Curriculum

¹³Momy A. Hunowu, "Konsep Full Day School Dalam Perspektif Sosiologi Pendidikan," *Irfani (e-Journal)* 12, no. 1 (June 1, 2016): 115-35, <https://journal.iaingorontalo.ac.id/index.php/ir/article/view/462>.

2	Islamic Education Through the Full Day School Policy at MI Nurul Ummah Kotagede Yogyakarta. ¹⁴	Government policies to improve the quality of students in Indonesia, such as the implementation of the full day school system, aim to make students highly competitive at the national and global levels.	Academic Achievement of Learners
3	Full Day School in the Spotlight of Sociology, Psychology, and Economics. ¹⁵	Many people think that the full day school system is a new educational model, even though in Indonesia a similar model has existed for a long time, namely in Islamic boarding schools.	New Education Model
4	Character Education Model Based on Full Day School. ¹⁶	Full-day school is an educational program in which all activities take place at school, with the characteristics of integrated activities and curriculum.	Education System Program
5	Policy Evaluation of Full Day School Program in Public Schools. ¹⁷	The Full Day School system is a current topic affecting the world of education today. Although this learning method has long been implemented in pesantren, it is only now that this system will be introduced in public schools.	Current Topic Full Day School

Table 2. Full Day School System Implemented

NO	SOURCE	DATA	CODING
1	Interview	With longer study durations, students get more opportunities to delve into the material,	Learning Enhancement

¹⁴Abdul Karim Khoirul Huda “Pendidikan Islam Melalui Kebijakan Full Day School Di MI Nurul Ummah Kotagede Yogyakarta,” n.d.

¹⁵Sahari Sahari, “Fullday School dalam Sorotan Ilmu Sosiologi, Psikologi, dan Ekonomi,” *Jurnal Ilmiah Iqra'* 11, no. 1 (February 25, 2018), <https://doi.org/10.30984/jii.v11i1.575>.

¹⁶Millati Fitri Amaliya, “Model Pendidikan Karakter Berbasis Full Day School,” *Jurnal Syntax Imperatif: Jurnal Ilmu Sosial Dan Pendidikan* 3, no. 2 (May 20, 2022): 130–42, <https://doi.org/10.36418/syntax-imperatif.v3i2.162>.

¹⁷Risnita, dan Nova Asvio “Evaluasi Kebijakan Program Full Day School Pada Sekolah Umum,” *JMKSP (Jurnal Manajemen, Kepemimpinan, dan Supervisi Pendidikan)*, n.d.

		increase their knowledge and hone the skills needed to face exams and academic challenges.	
2	Interview	The full day school system provides an opportunity for schools to offer more extracurricular activities such as sports, arts and clubs. This supports the development of students' talents and interests beyond academics.	Extracurricular Activities
3	Interview	With students being at school all day, supervision from teachers and staff becomes more effective. This can reduce negative behavior and increase the sense of security for students.	Better Supervision
4	Interview	In addition to focusing on academics, extra time at school can also be utilized for character education, the development of social values and life skills, which are essential for the all-round development of students.	Time for Character Learning

Table 3. Implications for Student Academic Achievement

NO	SOURCE	DATA	CODING
1	The Effect of Teacher Self-Efficacy and Teacher Creativity on Student Motivation Students' Learning Motivation and Its Implications for Learning Achievement in Economics Subjects. ¹⁸	Teacher creativity has a positive impact on student learning achievement. In addition to direct influence, teacher creativity also affects student learning achievement indirectly through increased learning motivation.	Teacher Creativity Has a Positive Impact

¹⁸Fitranty Adirestuty, “Pengaruh Self-Efficacy Guru dan Kreativitas Guru Terhadap Motivasi Belajar Siswa dan Implikasinya Terhadap Prestasi

2	The Effect of Learning Motivation and Student Self-Confidence on Learning Achievement. ¹⁹	Given the importance of learning achievement in education, schools will certainly strive to produce students who achieve satisfactory results in lessons.	Schools Encourage Student Achievement
3	The Relationship between Self-Adjustment and Learning Motivation with Student Learning Achievement. ²⁰	Overall, students' learning motivation is high. This indicates that students have an internal drive to learn to achieve their goals. However, there are two indicators that are in the moderately high category, namely perseverance in facing tasks and interest in learning.	High Learning Motivation
4	Parental Involvement in Learning: Implications for Student Learning Achievement. ²¹	In achieving positive learning achievement, parental involvement is very important.	Parental Involvement
5	The Concept of Self-Esteem and Its Implications for Students. ²²	Achievement in education must be achieved in a good way, and the process is an important aspect.	Important Education Process

Belajar Pada Mata Pelajaran Ekonomi," *Jurnal Wahana Pendidikan* 4, no. 1 (November 1, 2019): 54–67, <https://doi.org/10.25157/wa.v4i1.386>.

¹⁹Noni Rozaini and Sandra Dwi Anti, "Pengaruh Motivasi Belajar Dan Kepercayaan Diri Siswa Terhadap Prestasi Belajar," *Niagawan* 6, no. 2 (October 31, 2017), <https://doi.org/10.24114/niaga.v6i2.8335>.

²⁰Suryadi Suryadi et al., "Hubungan Penyesuaian Diri Dan Motivasi Belajar Dengan Prestasi Belajar Siswa," *Jurnal Neo Konseling* 2, no. 1 (December 15, 2019), <https://doi.org/10.24036/00252kons2020>.

²¹Lailatul Khasanah, Ika Ratih Sulistiani, and Muhammad Sulistiono, "Keterlibatan Orang Tua Dalam Belajar : Implikasi Terhadap Prestasi Belajar Siswa," *JPMI: Jurnal Pendidikan Madrasah Ibtidaiyah* 3, no. 1 (July 16, 2021): 210–18, <https://jim.unisma.ac.id/index.php/JPMI/article/view/11687>.

²²Refnadi Refnadi, "Konsep Self-Esteem Serta Implikasinya Pada Siswa," *Jurnal EDUCATIO: Jurnal Pendidikan Indonesia* 4, no. 1 (April 15, 2018): 16–22, <https://jurnal.iicet.org/index.php/j-edu/article/view/133>.

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Based on the results of the research above, Dampasan Integrated High School has implemented a full day school system since its inception, with school time from 07:00 to 15:00. As a *Pesantren* based school, this system is designed to maximize students' learning time. During the day they follow formal lessons such as Indonesian language, history, economics, and natural science. At night students participate in institution activities, which include learning the yellow book and speech practice in Indonesian, Arabic and English. With a modern approach, students are also taught Arabic and English for daily use and speech practice. The success of the full day school system at Dampasan Integrated High School can be seen from the number of alumni who continue their education at leading universities, such as UIN Malang, UIN Purwokerto, IAIN Kudus, and UIN Sunan Kalijaga. As well as to universities in the Middle East such as Al-Azhar Egypt, thus this system contributes significantly to the improvement of students' academic achievement.

With more and more schools implementing the full day school system, various views have emerged regarding its impact on student academic achievement. One factor that may contribute is the effectiveness of the system's management. This may be due to the integration of learning and character development that takes place throughout the day. In this context, it is important to analyze how good management in a full day school system can affect students' motivation and academic achievement. The following is an analysis of the effect of full day school system management on students' academic achievement.



Figure 1. Picture of management system full day school

Full day school is an education system that allows students to learn throughout the day, with a longer duration of learning time than traditional schools. The aim of this system is to provide a more well-rounded learning experience, supporting academic and character development simultaneously. In addition, the system is designed so that students have more time to interact with teachers and friends, as well as participate in various extracurricular

activities. It is an educational program where all activities take place in the school throughout the day, characterized by integrated activities and curriculum.²³ This educational strategy combines all of a child's activities at school for learning, playing, eating and worshipping in one system that instills Islamic values. The main objective is to create a comprehensive and effective educational environment. The impact is that students will spend more time at school.

Effective management is a critical success factor in the full-day school system. This includes curriculum planning, timing, and coordination between various academic and non-academic activities. With good management, the learning environment can become more conducive, communication between teachers and students becomes more effective, and the use of resources can be optimized to support students' academic achievement. Management in the field of education in schools is very important and needs to be professionalized, so that the educational process can run well and achieve the goals expected by society and the nation.²⁴ Education in schools is formal, where teachers receive formal training to master the knowledge, skills and art of teaching. They are guided to develop their personalities as educators and carry out their duties with careful planning and preparation. The teaching process is carried out with clear objectives, using structured materials and a documented curriculum.

Effective management in a full-day school system can increase students' motivation to learn. With a more integrated approach, students feel more involved in the learning process, which encourages them to achieve. Strategies such as implementing interactive teaching methods, providing constructive feedback and creating a positive learning environment can help students achieve better academic results. In addition to motivation, student discipline also affects their learning achievement at school. In the teaching and learning process, motivation and discipline are very important for students, because both support their success in learning.²⁵ Student discipline has a big impact on their learning achievement at school. In the teaching and learning

²³Jon Helmi, "Implementasi Kurikulum Pendidikan Agama Islam Pada Sistem Pembelajaran Full Day School," *AL-ISHLAH: Jurnal Pendidikan* 8, no. 1 (June 17, 2016): 69–88, <https://doi.org/10.35445/alishlah.v8i1.28>.

²⁴Muhammad Azhari, "Manajemen Kurikulum Dalam Peningkatan Mutu Pendidikan," n.d.

²⁵Endang Kristiani and Triesninda Pahlevi, "Pengaruh Motivasi Belajar Dan Kedisiplinan Siswa Terhadap Prestasi Belajar Siswa," *Prima Magistra: Jurnal Ilmiah Kependidikan* 2, no. 2 (June 29, 2021): 197–211, <https://doi.org/10.37478/jpm.v2i2.1027>.

process, motivation and discipline are important factors that support learners' success. Both contribute to the creation of an effective learning environment.

The full day school system as a whole has been shown to enhance students' learning experience through effective management, which supports motivation, academic achievement and character development. Full day school is an education system that extends students' learning time to support academic and character development, where effective management plays an important role in increasing student motivation, integrating learning with character development, and facing challenges such as limited resources and the need for teacher training.

Discussion

Management in the implementation of the Full Day School system plays a crucial role in supporting the success of all day learning programs. This learning model is not merely about extending study hours, but also requires a well planned and integrated managerial strategy to ensure that the entire educational process runs optimally. The essence of educational management within an institution can be observed through the implementation of its core functions, which begin with planning, organizing, directing, executing, and supervising. Therefore, every school is required to design, implement, monitor, and evaluate its future development plans particularly for madrasahs in order to meet national education standards and subsequently strive to improve quality toward a higher standard.²⁶ Proper management ensures harmony among educational components, thereby creating a conducive and sustainable learning environment. To further explore this, the author will present an argument regarding the objectives, impact, and strategies of Full Day School management in efforts to improve the quality of education.

1. Management Objectives of the Full Day School System

The purpose of Full Day School system management in educational institutions is to provide a comprehensive and continuous learning experience for students by utilizing the time available throughout the day. The system aims to create an environment that supports students' academic, social and emotional development and promotes interactive and collaborative learning. By incorporating a wide range of activities, both curricular and extracurricular, the management of this system focuses on the development of character and essential skills, so that students can be prepared for future

²⁶Yasya Fauzan Wakila, "Konsep dan Fungsi Manajemen Pendidikan," *Equivalent: Jurnal Ilmiah Sosial Teknologi* 3, no. 1 (January 25, 2021): 45, <https://doi.org/10.46799/jequi.v3i1.33>.

challenges. The Full Day School learning system is one of the innovations in education that aims to create excellent, innovative and creative schools. This system integrates learning based on faith and piety (imtak) and knowledge and technology (iptek).²⁷ The full day school learning system was originally implemented due to the increasing number of single-parents and busy parents, which makes students often spend their free time with unproductive activities. This condition encourages education experts to develop a new paradigm that aims to maximize free time with more useful activities. This aims to offer an alternative solution to the educational problems faced.

2. Analysis of the Effect of Full Day School System Management

The results showed that effective management is an important element in achieving the success of the Full Day School system. However, the full day school program still faces several challenges and shortcomings. From the perspective of children, only those who are resilient can adjust to the various drives at school. In addition, students often feel bored, have reduced opportunities to socialize with neighbors and family, and have little time to play.²⁸ Senior High School Terpadu Dampasan not only functions as a formal school, but also has a Islamic boarding school that offers a variety of interesting activities, so that students or santri will not feel bored. From morning to afternoon they follow the full day school system, while the afternoon is filled with extracurricular activities such as soccer, volleyball, and other women's activities. In the evening there are also activities such as speech practice, shalawatan, and self-study to prepare for the next day's subject matter. With a variety of activities available, students or santri at Dampasan Integrated High School will always feel involved and not bored. Several aspects can be analyzed to understand how management affects the success of education in schools, including:

a. Integrated Curriculum Planning

Effective management ensures that the curriculum is designed in a systematic and structured manner, linking various subjects so that students can understand the relationship between the concepts studied. This supports a more in-depth and comprehensive learning process.

b. Optimal Timing

²⁷Achmad Zulfikar Siregar, "Manajemen Full Day School Di SMA As Safi'iyah Medan," *ALACRITY: Journal of Education*, October 15, 2021, 53–62, <https://doi.org/10.52121/alacrity.v1i3.45>.

²⁸Nana Sutisna, "Pengaruh Manajemen Pembelajaran Full Day School terhadap Kinerja Guru dalam Mewujudkan Pengamalan Nilai-Nilai Islam Siswa," *Khazanah Akademia* 2, no. 1 (February 26, 2018): 52–62, <https://journal.uniga.ac.id/index.php/K/article/view/289>.

With good timing, students can balance academic and non-academic activities. This not only improves their concentration and motivation, but also provides opportunities to develop social and emotional skills through extracurricular activities.

c. Effective Communication between Teachers and Students

Good management creates an atmosphere that supports open communication between teachers and students. This contributes to trust building, increased student participation, and more interactive learning, which can ultimately improve academic performance.

3. Measures to Improve Academic Achievement

Efforts to improve academic achievement can be made through effective management in the full day school system, which emphasizes increasing student motivation and discipline. Research shows that an integrated approach makes students feel more involved in the learning process, thus encouraging them to achieve higher. Strategies such as using interactive teaching methods, providing constructive feedback and creating a positive learning atmosphere have a significant impact on academic outcomes. In addition, student discipline is also highly influential in supporting learning success, as motivation and discipline together form a strong basis for creating an effective learning environment. Academic achievement is an important indicator in an educational context, reflecting values and outcomes that are in line with each individual's abilities. Interactions with the environment as well as internal factors play a role in influencing children's achievement. Therefore, parents are responsible for providing effective education and guidance, especially during the primary school years.²⁹ Students' academic achievement is influenced by the implementation of motivational strategies, discipline, and support from parents. At Dampasan Integrated High School, a strict discipline system is implemented, requiring students to use Arabic or English in daily interactions, with sanctions for violators. Despite the strict regulations, administrators are ready to help students who have learning difficulties and provide motivation, acting as a substitute for parents. Support from parents is equally important to ensure children feel comfortable and at home in the institution.

Previous studies have shown that the implementation of the Full Day School system offers several notable advantages. First, there is an

²⁹Teguh Prasetyo, Nurma Alya, and Fikhi Rahmatillah, "Peran Orang Tua Dalam Meningkatkan Prestasi Akademik Anak: Studi Kualitatif Tentang Pola Asuh Dan Pembinaan Keluarga," *Jurnal Penjaminan Mutu*, August 31, 2023, 207-15, <https://doi.org/10.25078/jpm.v9i02.2789>.

improvement in academic achievement, as students have more time for deeper and extended learning. Furthermore, students receive quality Islamic education that is balanced and appropriate to their level. In addition, this system contributes to character development through the instillation of values, enabling students to develop personalities that are responsive to social and cultural changes. Lastly, students' interests and talents can be better developed and directed. However, several drawbacks have also been identified, including reduced rest time particularly the loss of afternoon naps and higher costs compared to regular schools.³⁰ These findings serve as important considerations in evaluating the effectiveness and feasibility of implementing the Full Day School system across various educational institutions.

The main contribution of this research is the emergence of a new approach to managing the Full Day School system, namely through the integration of modern educational management with the traditional *pesantren* (Islamic boarding school) education model. In this approach, students not only participate in formal learning activities but are also guided through intensive spiritual and social activities that continue into the evening. This integration is able to create a structured, holistic, and sustainable educational environment, which is still rarely implemented by other educational institutions.

Another innovation is evident in the student mentoring pattern carried out by school staff, who act as "parental figures." This mentoring covers not only academic aspects but also provides direct moral and motivational support to the students. This approach expands the scope of educational management functions, which were previously limited to technical and structural aspects, to also include emotional and affective dimensions. Therefore, the Full Day School system implemented at SMA Terpadu Dampasan offers a contextual and humanistic management model, which can serve as a reference for other educational institutions with similar characteristics.

Conclusion

Good management in the full day school system through integrated curriculum development and flexible scheduling can strengthen student participation and motivation in the learning process. Active interaction

³⁰Jundi Nuri Azhar and Imam Mawardi, "Persepsi stakeholder terhadap integrasi kurikulum berbasis full day school di SDIT Cahaya Insani Temanggung," *Ta'dibuna: Jurnal Pendidikan Islam* 11, no. 3 (September 15, 2022): 424-37, <https://doi.org/10.32832/tadibuna.v11i3.7791>.

between students and teachers makes students feel more involved and motivated to learn. The full day school system successfully integrates academic learning. Effective management aligns the curriculum with positive values, helping students not only achieve academic performance. It also builds discipline, responsibility and cooperation.

The implementation of the full day school system can help educational institutions in creating student academic achievement through longer learning time and opportunities to participate in extracurricular activities. However, improving academic achievement does not only depend on this time, students' internal motivation and learning discipline are also very important. In addition, the role of parents in providing emotional support and creating a conducive learning environment is necessary to maximize students' potential. Therefore, a holistic approach involving students, teachers and parents is key in achieving optimal educational outcomes.

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